

IT'S ALL ABOUT THE HAIR

Joan Crawford once famously quipped the most important thing anyone can have - besides talent - is a great hairdresser. Our coiffure plays a major role in defining how we look, and perhaps more importantly, how we are perceived. Hairstyles are influenced as much by global design trends as fashion, and in the hands of a pro, can completely transform how we look and feel. We asked our very own specialists in all things hair, for the lowdown on our locks.

HER



BLOWN LUX

It's one of those genius ideas: a blow dry bar that's equal parts blow dry and bar - as in, an actual bar, serving premium wine and bubbles, and a small menu of delicious bites, designed to make your experience a wholly satisfying one.

For busy professionals who work at, and around The Streets, it's like having your very own hairdresser waiting within a five-minute radius to service your locks at a moment's notice. Bad hair day? No more.

"We all want to have fabulous looking hair and perfect make-up all day long, but that can be challenging," says Georgia McGann from Blown Lux Barangaroo. "Being able to pop in and have your hair and make-up done before you start the day, after the gym, or before a night out is so convenient for busy women." Add a glass of bubbles and a marble desk for your laptop to rest on, and you can blend work and pleasure without skipping a beat. Now, isn't that the very definition of efficiency? **Discover Blown Lux on Scotch Row.**

STYLES NOW TRENDING AT BLOWN LUX

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COACHELLA (MILKMAID BRAID)

Whimsical yet practical, the boho-inspired milkmaid braid embodies the easiness of a warm spring day.

SUN'S OUT BUNS OUT (HIGH BUN)

The epitome of elegance and beauty, the classic bun up-do is a style that works for day and night.

OFF DUTY MODEL (DUTCH BRAID)

A fun and easy shake up of the traditional French braid. Add a little twist to the ends and you've got yourself an off duty model.

HIM



THE BARBER SHOP

Admittedly, keeping locks in check is generally an easier proposition for the men folk, but as Mikey Enright, founder of The Barber Shop observes, it's no reason to relax. "By the time you look in the mirror and notice you're due for a trim and tidy-up, your last haircut has well and truly passed its expiry date."

Thankfully, the solution is a simple one: Mikey suggests putting an appointment in your calendar every four weeks. It's the best way to ensure you maintain that polished look all year round. Same goes for beards - they grow at the same rate, and can get shabby fast.

A growing number of the boys in the neighbourhood are also lining up for a professional shave. There's a strong sense of old-school tradition in sitting back and letting a true artisan of the blade get your face back to baby-like smoothness. **Discover The Barber Shop on The Avenue.**

MIKEY'S GUIDE TO THE PERFECT HOME SHAVE

GET HOT & STEAMY

The best prep is in a hot shower where the steam will soften the bristles and open up your pores.

LATHER UP

Investing in a specialised shaving cream or soap is a must (try Enright's Original Gin Shave Soap).

THE GRAIN

To avoid irritations, shave along (or with) the grain; for a really close shave, follow up with a shave across the grain.

SOOTHE

Once the deed is done, give your face a post-shave soother to stop any irritation and restore the skin to its pre-shave state. Penhaligon's Aftershave Soothing Gel is great for all skin types.



NAIL IT

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It took some time, but thankfully we've all (that includes the gents) woken up to the many benefits of giving our precious hands and feet the TLC they rightly deserve. If you're partial to a lunchtime mani or after-work pedi, California Nails will have you in and out in well under an hour and looking

perfectly polished. The Signature Nail System (SNS) used for gel nails has replaced harsh chemicals with calcium and vitamins A, E, D3 and B5 to nourish the growth of healthy nails. Think of it as sustainable pampering. **Discover California Nails on Scotch Row.**

TOP THREE SHELLAC SHADES ON THE STREETS

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BUBBLE BATH
TIRAMISU
ROMANTIC